



This is a 50 minute lesson

# Welcome to TOEIC (750 – 850) Lesson No. 6

**Today our objectives are to learn:**

**1. 5 Vocabularies**

<Education, Income, Leader, Pressure, Study>

**2. Reading topic**

“Keep Down Your Blood Pressure”

**3. Grammar**

Using IN CASE in sentences

**4. Two picture descriptions**

**5. Listening**

**80:20の法則**

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Duration: 0-3 minutes

### Vocabulary

- **education (noun)**

*form: no plural*

learning; instruction; imparting of knowledge; upbringing

- **income (noun)**

*form plural: incomes*

amount of money received in payment for goods or services or from other sources;

- **leader (noun)**

*form plural: leaders*

head; chief; director; carrier; main article

- **pressure (noun)**

*form plural: pressures*

exertion of force; application of weight; weight; burden; encumbrance

- **study (noun)**

*form plural: studies*

learning; field of learning; thorough investigation; report; analysis



## Sample Sentences

Repeat after your tutor and make your own sentences using the italicized word.

### Education

- \* *Education* is important.
- \* Do you want to finish your *education*?
- \* I will finish my *education*.

### Income

- \* My *income* is not enough.
- \* Do you have a big *income*?
- \* This is her *income*.

### Leader

- \* I am the *leader*.
- \* That is the *leader* of the group.
- \* You need to choose a *leader*.

### Pressure

- \* There is so much *pressure*.
- \* Can you handle the *pressure*?
- \* There is too much *pressure*.

### Study

- \* *Studies* show the benefits.
- \* Did you *study* that in school.
- \* Take a look at this *study*.



Duration: 7-9 minutes

## Word Application

Directions: Complete each sentence by filling in the blank with the best word from the list. Change the word if necessary. Use each word only once.

Education

Income

Leader

Pressure

Study

1. You must take your \_\_\_\_\_ seriously.
2. How well do you handle \_\_\_\_\_?
3. Conserve your \_\_\_\_\_.
4. You should \_\_\_\_\_ well.
5. He is the \_\_\_\_\_ of the band.

Answers:

1. Education
2. Pressure
3. Income
4. Study
5. Leader



### Reading Comprehension

Read the passage to review the vocabulary you have learned. Answer the questions that follow.

#### **Keep Down Your Blood Pressure**

A new study shows that staying in education for a long time helps blood pressure. Scientists have found a link between the number of years spent studying and low blood pressure. The research looked at data from 4,000 people in the USA. They found that those who had a university education had lower blood pressure than people who did not enter higher education. Study leader Eric Loucks said people who left school early were more likely to have a stressful job and low income. He said both these things contributed to stress.

Source: [http://newsenglishlessons.com/1102/110228-blood\\_pressure.html](http://newsenglishlessons.com/1102/110228-blood_pressure.html)



1. How many people were included in the research?
  - a) 500
  - b) 1000
  - c) 4000
  - d) 3500
  
2. Where was the research done?
  - a) USA
  - b) Tokyo
  - c) London
  - d) Paris
  
3. What does education prevent?
  - a) high blood pressure
  - b) headaches
  - c) diabetes
  - d) backaches



Duration: 20-23minutes

## Grammar

### Study this example situation:

Jeff is a football referee. He always wears two watches during a game because it is possible that one watch will stop.

He wears two watches in case one of them stops.

In case one of them stops = 'because it is possible one will stop'.



Some more examples of in case:

- Ann might phone tonight. I don't want to go out in case she phones.  
( = because it is possible she will phone)
- I'll draw a map for you in case you can't find our house.  
( = because it is possible you won't be able to find it)



## Tutor's Copy

Duration: 24-26 minutes

We use just in case for a smaller possibility:

- I don't thin it will rain but I'll take an umbrella just in case. (= just in case it rains)

Do not use will after in case. Use a present tense for the future

- I don't want to go out tonight in case Ann phones. (*not* 'in case Ann will phone')

In case is not the same as if. We use in case to say *why* somebody does (or doesn't do) something. You do something *now* in case something happens *later*. Compare:

in case	if
<ul style="list-style-type: none"><li>● We'll buy some more food <b>in case</b> Tom comes. (= Perhaps Tom will come; we'll buy some more food now, whether he comes or not; then we'll <i>already</i> have the food <i>if</i> he comes.)</li><li>● I'll give you my phone number <b>in case</b> you need to contact me.</li><li>● You should insure your bicycle <b>in case</b> it is stolen.</li></ul>	<ul style="list-style-type: none"><li>● We'll buy some more food <b>if</b> Tom comes. (= Perhaps Tom will come; if he comes, we'll buy some more food; if he doesn't come, we won't buy any more food.)</li><li>● You can phone me at the hotel <b>if</b> you need to contact me.</li><li>● You should inform the police <b>if</b> your bicycle is stolen.</li></ul>





## Grammar Drill

Duration: 27-30 minutes

Make sentences with *in case*.

「in case」を使って、文章を作ってみましょう。

1. There was a possibility that Ann would phone. So I didn't go out.

I didn't go out in case Ann phoned.

2. John thought that he might forget the name of the book. So he wrote it down.

John wrote down the name of the book in case he forgot.

3. I thought my parents might be worried about me. So I phoned them.

I phoned my parents in case they were worrying about me.

4. I wrote a letter to Jane but I haven't received a reply. So I wrote to her again because I thought that perhaps she hadn't received my first letter.

I wrote to Jane again in case she didn't receive my letter.

5. I met some people when I was on holiday in France. They said they might come to Tokyo one day. I live in Tokyo, so I gave them my address.

I gave them my address in case they came to Tokyo .



## Tutor's Copy

Duration: 31-34 minutes

*Instructions: Tutor will give the student two minutes to think of the picture and choose the letter of the correct answer. Tutor can give his or her comments.*

### Picture description



- (A) The three people seem to be enjoying themselves.
- (B) You can see the feet of all three people.
- (C) The ocean seems to be very stormy.
- (D) You can see a beautiful sandy beach.



Duration: 35-39 minutes

*Instructions: Tutor will give the student two minutes to think of the picture and choose the letter of the correct answer. Tutor can give his or her comments.*

### Picture description



- (A) The lane is crowded with villagers.
- (B) You can see mountains in the background.
- (C) The road is divided into two lanes.
- (D) The photo shows a street with detached houses.



### Listening Comprehension

Instructions: Student should listen carefully while the tutor is reading the article. Answer the questions that the tutor will ask.

Are drugs and alcohol ruining your life? Then listen carefully. I'm Matt O'Shay, and for years I was a slave to alcohol and drug addiction. But 17 years ago, I entered Slick-Sandel Hospital for a 10-day treatment program. After 10 days, my craving was gone, and I haven't touched a drop of alcohol or taken any kind of illegal drug since. All it took was 10 days, and my addiction was gone, and I had my life back. If you're life is being controlled by addiction to drugs or alcohol, Slick-Sandel can help you too. Its unique, proven methods will restore the healthy, wonderful person that existed before your addiction took you prisoner. Take it from me, Matt O'Shay. I was a major league drinker. I am now a contented, relaxed, living testimonial to the complete success of Slick-Sandel's treatment. I am not a recovering alcoholic. I am a very happy EX alcoholic. Slick-Sandel saved my life, and it can save yours too. Call now: 1-800-543-3456. That's 1-800-543-3456, or visit us online at [slicksandel.com](http://slicksandel.com)



1. What is being advertised?

- a) Drugs and alcohol
- b) Matt O'Shay
- c) Health insurance
- d) Medical treatment

2. What does the speaker say about Slick-Sandel Hospital?

- a) It saved his life.
- b) It has a 10-week program.
- c) It is brand new.
- d) It is expensive, but worth it.



3. What is suggested about the speaker?

- a) He is unreliable.
- b) He is an alcoholic.**
- c) He is a celebrity.
- d) He is a doctor.



# Our next TOEIC lesson is on

## 1. 5 Vocabularies

<Analyze, Change, Different, Fundamental, Particular>

## 2. Reading topic

“Keep Down Your Blood Pressure”

## 3. Grammar

Using UNLESS, AS LONG AS in sentences

## 4. Two picture descriptions

## 5. Listening

**80:20の法則**  
80 / 20 rule

レッスン中に話す時間は、生徒さまが8割。  
とことん話し、とことん英作文してください。